

North Bristol  
& South Glos

foodbank



Reverse

# Advent Calendar

Use our Reverse Advent Calendar to collect our most needed items in the run up to Christmas.

## How does it work?

Fill a box or a few bags with one item each day, ticking them off as you go, and at the end of the 24 days drop it off at your local Foodbank Collection Point.

You can do this on your own, with your family, or why not get your workplace, school or church involved?

You can choose when you do your 24 days, but we'd love you to drop off your donations by 15th December.

Thank you for supporting us!

[info@nbsg.foodbank.org.uk](mailto:info@nbsg.foodbank.org.uk)

<b>1</b> Tinned Sweetcorn	<b>2</b> Tinned Meat	<b>3</b> Cooking Sauces	<b>4</b> Shampoo/Conditioner	<b>5</b> Long Life Cows Milk	<b>6</b> Laundry Pods
<b>7</b> Instant Coffee	<b>8</b> Washing Up Liquid	<b>9</b> Couscous	<b>10</b> Chickpeas	<b>11</b> Size 4, 5 or 6 Nappies	<b>12</b> Instant Mash
<b>13</b> Crisps	<b>14</b> Tinned Macaroni Cheese	<b>15</b> Cooking Noodles	<b>16</b> Hot Chocolate	<b>17</b> Deodorant	<b>18</b> Squash
<b>19</b> Sponge Puddings	<b>20</b> Tinned Fruit	<b>21</b> Toothbrush	<b>22</b> Tinned Carrots	<b>23</b> Savoury Crackers	<b>24</b> Toilet Rolls

